

- ENOUGH IS ENOUGH -
PRESENTS

Empowerment in a changing world

BE INSPIRED AND WALK AWAY WITH PRACTICAL STRATEGIES ON BUILDING RESILIENCE AND EMOTIONAL INTELLIGENCE. THIS WORKSHOP INVITES PARTICIPANTS TO LEARN ABOUT THEMSELVES AND DEVELOP A STRENGTHS BASED APPROACH TO LIFE AND EVERYDAY ISSUES

THIS THREE HOUR WORKSHOP IS PRESENTED BY
REG MAHONEY APM,
A WHITE RIBBON AMBASSADOR
RETIRED NSW POLICE ASSISTANT COMMISSIONER
AND SOUGHT AFTER INTERNATIONAL SPEAKER

PROCEEDS RAISED CONTRIBUTE TO THE CONTINUED
PRESENTATION OF THE DOMESTIC VIOLENCE AWARENESS
PROGRAM IN SCHOOLS
AND THE RUNNING OF DIVERSIONARY PROGRAMS
FOR AT RISK YOUTHS

CRONULLA
LEAGUES CLUB
20TH & 27TH
JUNE

GYMEA
BOWLS CLUB
8TH & 23RD
AUGUST
5TH & 26TH
SEPTEMBER

11.30AM - 3.00PM

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